ABSTRACT OF THE DISCLOSURE

An oral device is disclosed. The oral device comprises a mouthpiece member, a tube member and an attachment member. The mouthpiece member comprises a resilient material, and is adapted to fit within the contours of the teeth of a wearer. The tube member is affixed, at a first end, to the mouthpiece member, and extends outward from the mouthpiece member towards the soft palate of the mouth of the wearer. The attachment member is attached to the mouthpiece member at at least one location. Finally, the tube member defines an opening, which prevents the collapse of the soft palate of the wearer by allowing for the free transfer of air between the wearer and the environment.

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